

Lowerhouse Junior School Science Overview Sheet



Year 3 – Light



Rationale: Teaching Light in Year 3 science is vital for understanding basic physical principles. It introduces concepts like reflection, refraction, and shadows, fostering curiosity and experimentation. Engaging activities help students grasp how light interacts with objects, enhancing their observational skills and laying the groundwork for more complex scientific studies in the future.

Substantive Knowledge:

- Recognise that they need light in order to see things and that dark is the absence of light
- Notice that light is reflected from surfaces
- Recognise that light from the sun can be dangerous and that there are ways to protect their eyes
- Recognise that shadows are formed when the light from a light source is blocked by an opaque object
- Find patterns in the way that the size of shadows changes.
- **Disciplinary Knowledge:**
 - Classifying

Comparative/Fair testing		
	Overview:	Key Vocabulary:
	Lesson 1: Why do	Light: A form of energy that makes it possible to see things. It travels in waves and can be
	we need light?	emitted by natural or artificial sources.
	Lesson 2: What is	Light Source: An object that emits light, such as the sun, a lamp, or a flashlight.
	darkness?	Dark: The absence of light, resulting in a lack of visibility.
	Lesson 3: How do	Absence of Light: A condition where no light is present, leading to darkness.
	we see objects?	Surface: The outermost layer of an object where light can reflect or be absorbed.
	Lesson 4: What	Shadow: A dark area or shape produced by an object blocking light.
	are shadows?	Reflect: The process by which light bounces off a surface.
	Lesson 5: How do	Mirror: A reflective surface, typically made of glass, that forms images by reflecting light.
	shadows change?	Sun: The star at the center of our solar system, which is the primary natural source of light
	(not from the	and heat for Earth.
	sun)	Sunlight: The light emitted by the sun, which reaches Earth and provides natural illumination.
	Lesson 6: How	Dangerous: Something that can cause harm or injury. In the context of light, it often refers to
	can we protect	the potential harm from intense light sources, such as looking directly at the sun.
	ourselves from	
	the sun?	

Impact/Assessment

Most Children will be able to: • describe how we see objects in light and can describe dark as the absence of light • state that it is dangerous to view the sun directly and state precautions used to view the sun, for example in eclipses • define transparent, translucent and opaque • describe how shadows are formed • describe patterns in visibility of different objects in different lighting conditions and predict which will be more or less visible as conditions change • clearly explain, giving examples, that objects are not visible in complete darkness • describe and demonstrate how shadows are formed by blocking light • describe, demonstrate and make predictions about patterns in how shadows vary